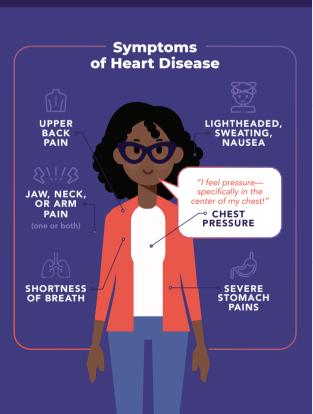
HEART DISEASE Awareness

HEART DISEASE is a term that refers to several types of heart conditions including coronary artery disease (CAD) and myocardial infarctions (MIs). MIs, also known as heart attacks, can strike at any time and often come with little warning.



? DID YOU KNOW?



Women often do not get the classic heart attack symptoms, but rather experience MILDER OR EVEN SILENT SYMPTOMS that are said to resemble the flu.²



Heart disease often strikes women after menopause, AVERAGE AGE OF 70, due to a significant drop in estrogen.



Heart disease is the leading cause of death for women in the U.S. taking the lives of about ONE IN EVERY FIVE FEMALES.¹



- 1. https://www.cdc.gov/heartdisease/women.htm
- 2. https://www.webmd.com/heart-disease/features/womens-heart-attack-symptoms#1